

Lycra song (tune of *comin' round the mountain*)

(F maj, C maj, B^b maj)

(age 3 +)

There are *lots of stars bouncing on the cloth x 2

There are lots of stars bouncing,

lots of stars bouncing,

lots of stars bouncing on the cloth

Singing aye aye yippee yippee aye x 2

Singing aye aye yippee, aye aye yippee,

aye aye yippee yippee aye



*I might choose different things to put in the middle and bounce on the lycra. Soft is best for safety.

This works best with a smaller group and I need extra adult hands to make it work. It requires a lot of strength and dexterity in the hands to hold on to the lycra.

We have fun working together and counting how many bounces it takes until every last star has bounced right off the lycra.

When working with two year olds, I am more likely to play peekaboo, do ring-a-roses, or follow the child's lead, as they rarely want to sit in a circle and hold onto the edge of the lycra.

Learning benefits:

Working with a group of children with a piece of lycra offers opportunities for:

- communication
- turn-taking
- sharing
- physical development
- shared focus and attention which supports speech and language development